Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan

School Year: 2021-2022

School Name & Location Number:	Claude Pepper Elementary School, 0831
Principal:	Dr. Annie M. Diaz
Phone Number:	305-386-5244
School Wellness/Healthy School Team Leader:	Mrs. M.G. Concepcion, AP
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Dr. Annie M. Diaz, Principal Mrs. M.G. Concepcion, Assistant Principal Mrs. Danelle Diaz, Media Specialist Mr. Cody Nunez, PE Teacher Mrs. Ceci Alba, Food Service Manager Mrs. Sandra Falcon, Parent Mrs. Yadilka Aramboles, Volunteer Ms. Shalonda Love, NCH Nurse Natalie Beitra, Student
Committee Meeting Dates:	08/18/21 (Opening of Schools Mtg), 11/3/21 (Faculty Mtg), 12/16/21 (Committee Mtg), 01/12/22 (EESAC Mtg)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒ Nutrition ☒ Physical Education ☒ Physical Activity ☒ Health and Nutrition Literacy ☒ Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition** Promote the free breakfast program and healthy meals lunch program to include fruits and vegetables Post Food Pyramid and Nutritional Facts posters in cafeteria **Physical Education** Field Day Week Fitness Gram School Health Index WalkSafe Program

	Physical Activity Promote the Staff Walking Club, where teachers and staff can take part in a health initiative in order to improve the cardiovascular health of CPE Faculty and Staff. **Health and Nutrition Literacy** The Cafeteria Manager will promote healthy choices on the WCPE Morning News and through a print-rich cafeteria that promotes the Food Pyramid and health eating habits. **Preventive Healthcare** Promote the practice of taking daily vitamins in order to prevent illnesses.
Community Engagement:	Baptist Hospital will assist CPE in the promotion of our CPE Wellness goals. Baptist Hospital partners with the school, visits in person and/or through virtual presentations from a health care professionals that discuss the importance of physical activity and making healthy choices at mealtime.
Monitoring and Evaluation:	The team will monitor and meet once a month in order to discuss the actions taking place as the school strives to meet our school wellness goals.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	